

February 2025

★ **Blue Star Mothers ROC** ★



We are mothers, stepmothers, grandmothers, foster mothers and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism. Our organization focuses on our mission every single day and will never, ever, forsake our troops, our veterans or the families of our Fallen Heroes.

Meetings & Events

- * BSM Meeting:
February 15th @9:30am Henrietta Ely Fagan American Legion, 260 Middle Road, Henrietta NY
- * Future Strong Stars:
March 3rd @7-8pm Panera Bread 1902 Monroe Ave, Brighton NY See 2025 schedule on page 8
- * Women Veterans' Coffee House:
February 14th @5:30pm Ely Fagan American Legion.
RSVP to 585-210-9779
See the 2025 schedule on page 14

Upcoming Events

- * Wreaths Across America Wreath Retirement Day March 15th
10am at Webster Union Cemetery
 - * Baby Shower April 27th
 - * CompeerCORPS Family Resource Day May 10th
 - * June Care Packages
 - * Scholars to Soldiers on Flag Day June 14th
 - * Garlic Fest Sept 6th & 7th
- Lots of ways to get involved!!!!**

Baby Shower

The Rochester Blue Star Mothers with the help from a supportive community will once again host a baby shower for military and veteran families expecting a child or have a child less than 6 months of age. The shower will be on Saturday April 27th at the Webster Legion, 818 Ridge Rd, Webster NY 14580. This shower is free for the first 20 families that register. Families will be showered with baby supplies, clothes and diapers and must attend the shower, as items will not be shipped. See page 4 for a shower flyer and information on how you can shop for the shower.

The 2024 Baby Shower Squad



Supporting the VA Food Pantry

Support the Canandaigua and Rochester VA Food Pantry by bringing something for the Pantry to our monthly Blue Star Mothers meeting.

Pantry List

Canned chicken

Canned Tuna

Pasta

Pasta Sauce (glass/plastic jar or cans)

Rice-A-Roni Meals

Peanut Butter

Oatmeal

Cereal

Canned Fruit

Canned Vegetables

Reusable Shopping Bags

Veteran Crisis Line

Call 988 and select 1 or Text 838255



 **Veterans
Crisis Line**
DIAL 988 then PRESS 1

**Feeling stuck?
Don't know where to turn?**

Contact the Veterans Crisis Line for
free, confidential support 24/7.



**2025 Blue Star Mothers NY8 Sponsored
Veteran Women’s Coffee House**



**American Legion Post 1151 -Ely Fagan
260 Middle Road
Henrietta, NY 14467
from 5:30 to 8:30 pm**

***free* Light Supper and Refreshments Provided
(open to women veterans only)**

**Come meet other Veteran Women in a casual atmosphere that is safe,
alcohol and drug free for socializing, sharing resources, and networking.**

**To confirm/RSVP or for additional information Contact Dory or Nancy,
Co-Chairs of Women’s Vet Coffee House at (585) 210-9779
or email: BlueStarMothersROC@gmail.com**

Dates

January 10th	July 11th
February 14th	August 8th
March TBD	September 12th
April TBD	October 10th
May 9th	November 14th
June 13th	December 12th

**DAV[®] Monroe Powers
#15**

The local DAV (Disabled American Veterans) has a new office located at
**Ste 4 1239 University Ave
Rochester NY 14607-1636
Phone: (585) 451-5218**

2025 Blue Star Mothers NYS Baby Shower

Honoring Military Families!



Who: Active Duty, Veterans and Military Spouses of Active Duty & Veterans who are expecting or have children up to 6 months old.

When: Sunday, April 27, 2025 between 11:00am - 1:00pm.

What: Beautiful gifts for you and your baby including baby clothing, handmade outfits, diapers, baby supplies, and much more.

FREE for the first 20 women to register!!!

Where: American Legion Cottreal-Warner Post # 942
818 Ridge Rd Webster, NY 14580

To register / additional information contact:
Baby Shower Committee Co-Chairs:
Amy VanDerwerken and Jill Harris
email: 1VP.NY8@BlueStarMothers.US



Help Us.... Support our military past, present, and future!



SHOP FOR THE SHOWER

Sponsored by Rochester Blue Star Mothers NY8

- We are seeking new baby items for our annual local Blue Star Mothers NY8 Military Baby Shower.
- 20 local moms will receive a bountiful basket of new baby items.
- Search for Blue Star Mothers Baby Shower 2025 under "find a registry" or use the link to the right to purchase products from our Amazon Baby Shower Registry to support our local military families.
- For more information on the shower please visit the BSM NY8 web site at <http://www.bluestarmomsmroc.com>



Blue Star Mothers Baby Shower 2025
Baby Shower Registry Link below:

https://www.amazon.com/baby-registry/bluestarmothersbabyshower2025.ny8-april-2025-webster/2X32W2NDPTWFB?ref=cm_sw_r_cp_us_dp_54XB888BZ4PWEQWYVNCWXT_1



Veterans Faced with Cancer Support Group



2nd and 4th Tuesday of the Month
5:30-7 pm
255 Alexander Street
Rochester, NY 14607

For more information on joining our support group or our additional support programs call 585.423.9700 or visit us at www.cscrochester.org.



**Community is Stronger
than Cancer.**

Women's Health & Wellness Days

The VA Finger Lakes Women Veteran Program is planning their Women's Health & Wellness Days at area VA locations.

Wednesday, April 30, 2025, 2pm-6pm- Rochester Calkins Rd. VA Clinic: Susan B. Anthony Room,

Thursday, July 17, 2025, 10am-2pm- Bath VA: Building 92 Leisure Room

Tuesday, August 12, 2025, 10am-2pm - Canandaigua VA: Out-patient Building Vestibule

A joint project involving the Rochester Blue Star Mothers, the Gold Star Mothers, and the Webster NY community hopes to be able to fill care packages going out to deployed services with letters from a grateful community. The plan involves placing “mail boxes” in businesses and agencies throughout the community, where people can deposit cards, letters and notes for the troops. Plans are to collect the letters in April, and then include them in care packages the Rochester Blue Star Mothers will be sending overseas in June. If you are a business or an agency in Webster, NY and would like to get involved, please collect blank cards or note paper and email missyblog@gmail.com for arrangements to pick up the cards. Keep an eye out for the special mail boxes and blank cards to write your note of encouragement and thanks to our service members.

Mail Call

Letters from Home

A Community Project



Surviving Military Spouses Luncheon

If you are a surviving military spouse and would like to join with other military widows and widowers for lunch and open discussion and support, consider coming to the monthly lunch at Panera Breads, 1902 Monroe Ave, Brighton, NY on the second Thursday of each month from 1-3pm.





**Veteran
and Family**

**RESOURCE
FAIR**

11:00am to 2:00pm

**1239 University Ave,
Rochester, NY 14607**

**Saturday
May
10th**

Join us to learn more about programs and services available for veterans and families!

Vets and families welcome. Register by Friday, May 2nd to be entered into the Prize Drawing!
emedina@compeerrochester.org

There will be information covering:

- *Recreation*
- *Education*
- *Employment*
- *Women's health*
- *Behavioral health*
- *Caregiver support*
- *Kids programs*



2025 Future Strong Stars



Come for dinner with us at Panera Bread locations, 7-8 p.m.

Help us in building bridges with the Families of all Branches of the Armed Forces.

06 JAN	Henrietta	795 Jefferson Road
03 FEB	Gates	1501 Howard Road
03 MAR	Brighton	1902 Monroe Avenue
07 APR	Greece	800 Greece Ridge Center Drive
05 MAY	Fairport	16 Courtney Drive
02 JUN	Webster	935 Holt Road
07 JUL	Henrietta	795 Jefferson Road
04 AUG	Gates	1501 Howard Road
01 SEP (Labor Day)	Brighton	1902 Monroe Avenue
06 OCT	Greece	800 Greece Ridge Center Drive
03 NOV	Fairport	16 Courtney Drive
01 DEC	Webster	935 Holt Road

Blue Star Mothers: 585-210-9779 or bluestarmomsroc.com

Volunteer Opportunities

Our chapter grows and is able to help more service members, veterans and military families because of volunteers. We need the support of all members, associate members, and those thankful for our military to have successful events like The Veteran Stand Down, Lights of Honor, Care Packages etc. Please look at the opportunities below, see how you can help. Our kids stood up and volunteered, now we need YOU to do the same.

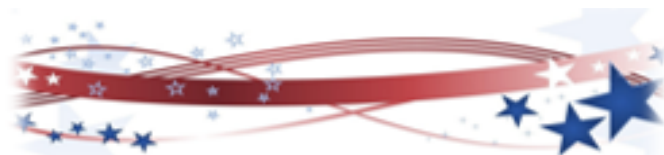
Military Baby Shower: April 27th, a community baby shower for military and veteran families expecting a child or have an infant less than 6 months old. Help needed: collect shower gifts, ask for donations, create baskets, support at event: decorating, picking up food items, welcoming moms, serving food, set-up/clean-up. Contact Amy VanDerwerken at president.ny8@bluestarmothers.us or Jill Harris at 1vp.ny8@bluestarmothers.us to volunteer.

Care Packages: Boxes packed/mailed in June & November to service members deployed overseas. Help needed: solicit postal addresses for deployed service members, collect care package items, promote our Amazon gift list for needed care package items. Friday night before packing: set-up of donated items. Saturday morning: put together mailing boxes, fill boxes, seal boxes. Contact Debbie Trevett at treas.ny8@bluestarmothers.us or Kathy Dodsworth at kdodsworth@frontiernet.net to volunteer.

Veteran Women's Coffee House: Monthly get-together for veteran women. Dinner is served. Help needed: preparing food for dinner, set-up/clean-up. CoChairs are Nancy Bird and Dory Braun. Contact Dory Braun at dbraun4@gmail.com to volunteer.

Webster Garlic Fest September 6th & 7th Contact Cherie Wood at WebsterGarlicFest@gmail.com to get involved in this stinkin good time.

Veteran Stand Down: Organized annually by Veteran Outreach Center in September for area veterans with information on community services, employment and support. Held during the day on Friday at the Public Market in Rochester. Help needed: serving lunch to veterans, staffing BSM table and handing out hygiene supplies, set-up/clean-up. Contact Amy VanDerwerken at president.ny8@bluestarmothers.us to volunteer.



Blue Star Mothers ROC NY8
1335 Jefferson Rd, #93272
Rochester NY 14692
Web: www.bluestarmomsroc.com
Facebook: Blue Star Mothers ROC
Phone: (585) 210-9779

Compeer Corps Invites You to

BILLIARDS



East Ridge Billiards Bar and Grill
529 East Ridge Road Rochester, NY 14621

2-4PM



RSVP:
ryoung@compeerrochester.org

Compeer
CORPS
Friendship. Support.
Camaraderie.

BOWLING *At ABC Gates Bowl!*



Thursdays @ 12:00pm
645 Spencerport Rd, Gates, NY 14606
RSVP to ryoung@compeerrochester.org

CompeerCORPS
Friendship. Support. Camaraderie.



LEARN TO SKATE

GENESEE VALLEY SPORTS COMPLEX

131 ELMWOOD AVE, ROCHESTER, NY 14611

**Join us for a fun ice skating
experience, with free pizza and drinks
afterwards! All are welcome!**

No experience necessary! Skates and helmets provided.

SUNDAYS AT 4 PM

January 12, 19, & 26

February 2, 16, & 23

March 2, 9, 16 & 23



MALE VETERANS GROUP

Connecting through camaraderie!
Enjoy a meal with fellow Veterans and meet
representatives from other organizations.

3:30 PM, 1ST WEDNESDAY
OF EACH MONTH



GOLDEN CORRAL
450 JEFFERSON RD

MUST RSVP TO
RYOUNG@COMPEERROCHESTER.ORG



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